BREAD BREAD BREAD BREAD BREAD 2024

## A Year in the Bible Together

As we stand at the start of a New Year, we believe we hold in our hands something that contains extraordinary life. That in every season, from the valleys to the hilltop moments, this book daily sustains us. Containing in its pages words that set people free and teach us how to live the unforced rhythms of grace that humanity was always created for.

So here's the simple invitation, as we start this new year, we want to read through the Bible together. Each day we want to encounter Jesus. Before we look at our phones, respond to emails, or get caught up in the busyness of life, we want to carve out space to breathe in the truth of what God says over us.

Jesus says 'I am the bread of Life'. He invites us to eat and to be satisfied.

As we journey together through this year we will be asking God to use his word to form us into his likeness, enabling us to become agents of kingdom renewal in the places we live, work, and spend our time. We are looking to become, as the Psalmist says, like a tree planted by streams of living water, sustained by the presence of God, providing shade to weary communities, and producing fruit that speaks of a better story.

So let's open up the scriptures together, devour them, devote our day to God and press on, expectant that we'll be changed, challenged and transformed as we live in and live out the story of God.

Each weekday we will be looking at a chapter from the New Testament and we'll use this simple pattern: BREAD

**Be still** - Find a place where you can encounter God, ask him to fill the space and take a minute in stillness. Fix your eyes on Jesus and invite the Holy Spirit to guide your time.

**Read** - Read through the passages for the day. Look for one verse that stands out or interests you. Write out that verse in the 'read' section.

**Encounter** - Taking your chosen verse, meditate on it. What comes to mind and how does it make you feel? What do you think God is trying to reveal through this verse and allow him to speak to you. Write a short reflection on what you think he might be saying.

**Apply** - Now turn your focus outward. Think about how you might apply this to your day and write down how you're going to try and live this out.

**Devote** - Finally, close by writing a simple prayer of devotion to God. Ask that God would fill you afresh and commit your day to him.

Whenever we start a new book of the New Testament there is a QR code giving a link to a short video explaining the context of that book.



Each weekend we will read in the Psalms. 'Praying through the Psalms' has been practiced by Christians for hundreds of years. The Psalms display the rich tapestry of what it means to be human - to feel joy, disappointment, anger and grief - and yet the psalmists model to us how to express the rawness of our hearts to God in prayer.

For most weekends there are three Psalms to read through. Following this pattern will enable us to read all the Psalms over the course of the year, but if this is too much for you, just read one Psalm each weekend.

To pray through a psalm, read the psalm and notice the emotion held within the verses. Allow the psalmist's words to become your own prayer as you read through the passage slowly. Perhaps the psalmist's cries resonate with your own heart - allow the truth of who God is to orientate your heart towards him again.

As well as the daily reading from the New Testament and weekend Psalms we have included a daily reading from the Old Testament. The Old Testament is God's word to us - it is the Bible that Jesus and the first disciples knew. While we want to especially focus on reading the New Testament together we'd encourage you to also make reading the Old Testament passage part of your daily devotions.

The aim of our reading is for us to enjoy God's presence and to be fed by his word - so if you miss a day's reading don't stress, and don't feel you have to catch up with the reading you've missed. Just jump back into it on the day we are on.

We also encourage everyone at Gateway to be part of a BREAD group. This is where you join a WhatsApp group in which you can share with others what the Lord is revealing to you as you read. These groups are a great encouragement to keep growing in the word.



## Day entry example

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V.25: The wo	oman came and knelt before him. "Lord help me!" she
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We can com	e to Jesus utterly broken, vulnerable and in desperate
need. We do	on't have to have it all together, but instead, we get to lie
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to save and	he looks upon us with so much grace.
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I don't have	to hide from his presence today. I can allow myself to
come to him	in weakness, to come before him and offer him the
deepest long	gings of my heart. I don't have to retreat or hold back
from him, b	ut he invites me to be honest in prayer. When a need
arises in me	today, I can take it to him in the full assurance that he
cares for me	
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