

THE AIR WE BREATHE



Gateway
Church



THE AIR WE BREATHE: WHY WE THINK LIKE WE DO, WHAT'S GONE WRONG & WHAT WE SHOULD DO ABOUT IT

Between the end of February and Easter we are going to be in a five-week series exploring some key aspects of contemporary culture. Our hope is that this series will:

1. Help you to see that Christianity is 'the air we breathe'. The reason our culture holds the values it does is because of our Christian heritage: we need to understand that.
2. Help to equip you to answer the hard questions that are currently being asked in our culture. Our modern world can feel very confusing with so much that is shifting and changing: we need to be able to provide some answers.
3. Help you to see that the answers provided by Christianity are more satisfying to the heart as well as the head than those currently being given by our culture.

RECOMMENDED RESOURCES

As we go through this series you may want to do some further investigation into the topics we are exploring. The following resources are ones we would recommend.

Books

The Air We Breathe by Glen Scrivener was in part the inspiration for the series, as well as providing its title, and a good book to read. Glen has also produced a [video series](#) highlighting the key points of each chapter from the book, some of which we will be using in our life groups.

The Secular Creed by Rebecca McLaughlin is probably the best book available at the moment that wrestles with some of the issues we'll be looking at. It is short and easy to engage with. We'd love all members of Gateway to read it!

Strange New World by Carl Trueman is brilliant at explaining the historical currents that have led to our culture being the way it is.

For reading on **transgender**, *Trans* by Helen Joyce is helpful. Joyce is not a Christian and some of her views, values & language are different from ours and we would not endorse. However, this is probably the best book available to help you understand what is really going on with the trans movement. Joyce has also been on the [Triggernometry podcast](#) so you can watch/listen rather than read the book. **[Warning:** this interview contains some strong language and adult themes.]

For understanding why our society thinks as it does about **gender** and all the problems with that *The Genesis of Gender* by Abigail Favale is incredibly helpful.

Podcasts & YouTube

For understanding some of the problems caused by the sexual revolution we'd recommend watching Glen Scrivener [in conversation](#) with Louise Perry.

Also helpful is the six-part podcast '[The Tavistock](#)' by Tortoise media. This is a genuine attempt to report objectively on what has gone on at the gender identity development service clinic at the Tavistock. It features trans voices in a sympathetic way but doesn't avoid the very real problems in how young people have been treated at the clinic.